

# BOND

# ST. JOAN OF ARC SECONDARY SCHOOL

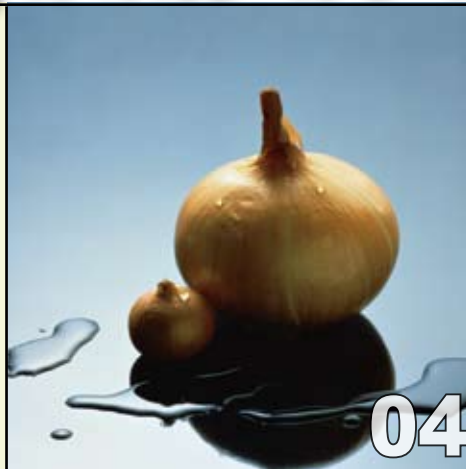
# 2007

## 34<sup>th</sup> Issue

## *Guess what we are up to?*



03



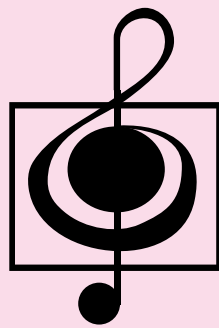
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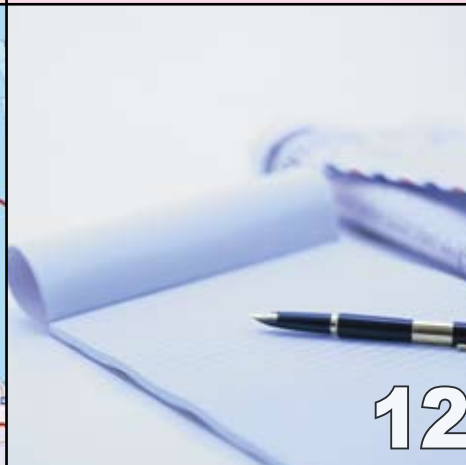
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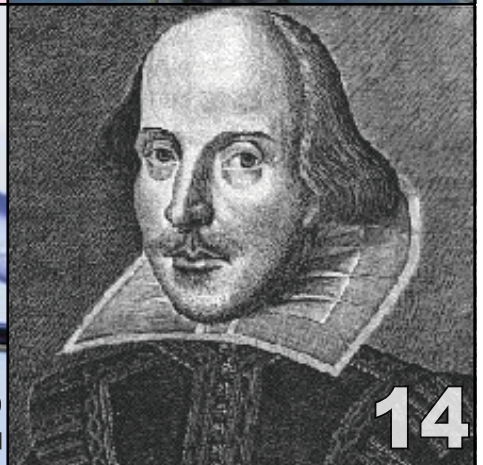
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# Editorial Board



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Wong Wai Lok (3Fa)  
Lam Chun Wing (4 Wi)  
Cheung Man Yan (6Wi)  
Wu Chi Fai (3 Fa)

## *Editorial*

In order to cultivate an authentic environment conducive to English Language learning, numerous events have been launched in St Joan of Arc this year. Students have shown great enthusiasm for those events such as the Halloween Talent Show, English Speaking Days, English Café and the English morning assemblies which are held every Friday.

As expected SJA students performed well in the 58<sup>th</sup> Hong Kong Schools Speech Festival (HKSSF), both in Solo Verse and in Choral Speaking.

We have recaptured the joys of those events for you in our bulletin Bond. Please share our fruitful results, a combined effort by our English teachers and the English Society members.

In addition, I would like to take this opportunity to thank our Principal, Mr.Lau and the teacher advisors for their guidance and support.

See you next year!

Law Yee Wah, Eva (6Wi)  
Chairlady  
English Society





# Trick or Treat?

In the first term, the English Society has organized a number of activities for students to have fun and to learn English, especially during Halloween. The most spectacular event was the talent show, which was performed by S.2 students and had S.2 and S.1 as their audience. The show was included as a part of the school curriculum in language arts, which aimed to enhance students' English in different aspects. In addition, activities also included a snapshot competition and a trick-or-treat chant.

Kwok Ka Lun, Jonathan (6Wi)



Let's celebrate Halloween



Five pumpkin heads with Mrs. Rao and Mrs. Tsang



Singing and dancing pumpkins

## Halloween Activities

### Haunted Poems

#### Snapshot Contest Winner



If I go out at Halloween,  
I'll see a happy ghost.  
I'll play apple bobbing with him  
And sail on a boat.

If I go out at Halloween,  
I'll go to Ocean Park.  
I'll enter the Ghost House  
Although it is dark.

Suen Chun Ho (2Ho)

If I go out at Halloween,  
I'll go to the canteen.  
I'll meet the ghost whose name's Green.  
I'll catch Green  
And throw her in the rubbish bin.

If I go out at Halloween,  
I'll watch the TV programme called 'Mr. Bean'.  
I'll meet a skeleton who is very thin.  
I'll play chess with him and I'll win.  
I'll make his head spin  
When 'Mr. Bean' begins.

Leung Ki Tsun (2Ho)

#### Word Puzzle Competition Winners



# Onion Brings Tears of Joy

## A Grand Spectacle

Our school organised a musical – A Christmas Carol, an adaptation of Dickens classics- on 6<sup>th</sup> December (Wednesday) by the Chunky Onion Production and it was a big hit! Their aim is to show Hong Kong students that learning English can be fun.

The actors' from the Chunky Onion Production were successful in arousing students' interest in the play. Being a part of the audience I observed that each student in the hall was very much involved and are certainly looking forward to the next production. Two of our students acted in the show while two others were the masters of ceremonies,

and they went about with such ease that the audience were eager to know how they can participate in such shows. It's obvious that the musical was a great success in demonstrating how learning English can be and should be fun, hence encouraging students to go further in their English studies.

**Jefferson Wong (4Wi)**  
Vice-Chairman  
English Society

## A Golden Opportunity!

Last month I had a great experience! I was given a chance to be the master of ceremonies in a musical. When I knew about it, I felt excited but a bit worried. I wanted to show my abilities in speaking but I was not sure if I could manage it.

First I had to get the details of that day's program. After I drafted and edited the speech, it was time for practicing. I had to work on my fluency for which I memorized and practiced it in front of a mirror so that I could see how I expressed my emotions to the audience.

Finally it was show time! Once I stepped onto the stage, I felt extremely excited. The atmosphere was nice and I seemed to enjoy public speaking. However, when the show came to the 'Q and A' section, there were some problems. As the actors needed more time to prepare, I had to buy time by entertaining the audience, which was out of my expectation. Luckily I was successful and the whole program ended satisfactorily.

That was really a great experience and I have to thank my English teacher for giving me and my partner Chris this wonderful chance, one which I will cherish as a golden opportunity.

**Michael Chau (4Wi)**  
English Society Member



**MCs Michael Chau (4Wi) and Chris Wan (3Fa) - a memorable experience with Uncle Dave.**

## A Memorable Experience

I was so glad to be chosen as the MC of the musical performed by Chunky Onion – A Christmas Carol – on 6<sup>th</sup> December. It was my first experience as an MC and to speak English publicly! It was really challenging!

Before the show started I felt very nervous and was afraid that I would make mistakes on stage, fortunately I managed to speak naturally. I really appreciate Uncle Dave; he is a wonderful speaker and can persuade reluctant speakers to speak confidently. I want to be his friend and allow him to teach me how to be a good public speaker. Also, the Chunky Onion is a fantastic theatre company, and I'm very impressed with their brilliant performance.

Both Michael and I learnt much from being MCs. We learnt to speak fluently and to be confident when facing a large audience. It was a memorable and enjoyable experience.

**Wan Ho Man, Chris (3Fa)**  
English Society Member



**Kevin Chong (1Fa) and Tommy Tsang (1Ho) made their acting debut**

# A Word from Our Student Actors

6<sup>th</sup> December 2006 – our school invited Chunky Onion to perform the English drama, A Christmas Carol. I'm very pleased that I can be a part of the play. When I saw the actors, I was very excited! They are all professional actors and they practiced all the time. They taught me how to read the words and act out the actions. I stood on the stage and practiced and was very afraid. The actors told and showed me how to relax.

I'm very happy that I can join them, and hope that they can come again to show many exciting dramas. Remember, English can be really fun!!

Hong Ka Fai, Kevin (1Fa)

I was very happy to be included in the show. The actors were very kind. During the show, I was very nervous. But, when the show was over, I felt great.

Tsang Long Fui, Tommy (1Ho)

# "BAH HUMBUG" Learning English with Mr Scrooge!

600 boys buzzing with excitement entered the school hall... The lights were dimmed and a hush came over the audience...

Suddenly, joyful music filled the air! Could THIS be a normal English lesson?

On December 6, 2006, Chunky Onion Productions staged the drama entirely in English with the purpose of demonstrating that English can be fun. The boys of St Joan of Arc were a wonderful audience, clapping, cheering and interacting with Mr. Scrooge and the other cast members throughout the performance.

But the most memorable moment of A Christmas Carol was performing with the St. Joan of Arc form one students, Thomas Tsang Long Fui and Kevin Chong Ka Fei. These young actors appeared on stage in full costume and makeup playing the roles of Mr. Cratchit's children. We were very proud of them as they spoke confidently in English and acted so well! We also had the pleasure of being introduced by student MCs Chris Wan & Michael Chau.

We hope that both students and teachers enjoyed the performance and learned that English can be fun! We look forward to staging a new show for you next year.

Uncle Dave Andrews  
Marketing Manager  
21A Kai Kwong Commercial Building  
332-334 Lockhart Road  
Wanchai Hong Kong  
2110 0014



*Cutting Room  
Floor*



# Love's Creation

## Valentine's Day Sparks Love and Care

Heavy spending on flowers and chocolates for some but SJA boys and girls would like to express their admiration and affection for their parents, teachers and friends by their humble and artistically designed Valentine cards. Small yet creative, cost effective yet meaningful, their hearty messages were nicely posted and shown to all before Valentine's Day and displayed on Parents' Day.

Congratulations to the six grand prizewinners and all the participants! Your showcase of cards and messages has won the hearts of many!



Esther Tang (6Fa) and Chris Wan (3Fa) kick off Valentine's Day activities



### The Winners are...

Top row: 3Fa Mak Wing Shum (left), 4Fa Ou Pui Yam (middle), 1Ju Ong King Tat (right)

Bottom row: Mrs. Tsang, 6Fa Tang Siu Ngar (left), 3Fa Wan Ho Man (middle), 2Ch Wu Ka Tsung (right) and Mr. Lau (Principal)

**Dear Mother,**

What do friends mean to you?  
Why do I like being your friend so much?  
Because you are so beautiful.  
Because you make me work hard.  
Because you are so good and kind.  
Because you make me feel warm.  
Because you are my mother.

Thanks for being my friend.

Love,

Kelvin Ou  
S4 Faith



DEAR Mrs Rao,

What do friends mean to you?  
Why do I like being your friends so much?

Because you are so beautiful.  
Because you make me think deeply  
about my life.  
Because you are so understanding.  
Because you make me feel so secure.  
Because you are like my mother.

Thanks for being my friend.

Love,  
Chris



Dear Mrs Rao

Do you know.....?

Your helping hands are with us all the time, when we are trying.  
Our staunch hearts are created by you, when we are suffering.  
Uncountable love is given by you all through our lifetime, when we need you.  
At school, you are always a superwoman, while we are studying.  
"Respect!" what you always teach us, when we are not listening.  
Exercises, what you always give us, while we are not striving.  
Our memories have lots of joy and love, when we are recollecting.  
Ultimate love is sent by your faith and hope, when we are not hard working.  
Right from wrong are confirmed by your care, when we are growing.  
Mention your love, and it always gives us support in our sadness.  
Our smiles, which you always bring back out of our hopelessness.  
The joy, which you always give us from your happiness.  
Health that is the thing you always want us to keep forever.  
Emotions, those are the things you always want us to control better.  
Remember that is the thing we want you to do for us forever.  
Thanks so much to you, you are in our lives and are our mother forever.

Love, *Mina*

By Winston Mak 3Fa22



# The 58<sup>th</sup> HKSSF



S1 Fa choral speaking team with Mr. Lau (Principal) and teachers

## The Choral Speaking Day

The 7<sup>th</sup> of December was our big day. It was our competition day for Choral Speaking.

We practised for a total of 2 months now, and we're going to show them our result. We thought we would win for sure.

When we got there, I realized that the other schools also practiced hard-Maybe even harder than us. Then we started to worry. The other groups were more concurrent, more swiftly done...we thought we might lose.

Fortunately, we did well on stage, and we managed to be more concurrent than when we practised, and our confidence came back.

At last, we managed to get 4<sup>th</sup> place, which was already very good. Guess which school won first place? The Queen's College!

Lai Ko Ting, KB (1Fa)



One more rehearsal right before the competition (top), More expressions, Felix! (middle), Ms. Yiu enjoying the face painting (bottom)

## Choral Speaking Competition

Today is the choral speaking competition. I felt very excited and I couldn't sleep last night.

"It's our turn" said Miss Yiu, our English teacher, we went up and performed the poem. When we were performing, I felt very afraid and excited (just like riding a roller coaster). Then we waited for the result. Unfortunately, we did not get any prizes and I was very sad.

Although we lost, we did learn a lot of things that we cannot learn in school. We learned teamwork because if we didn't cooperate with each other, our performance will not be uniform and

would be very ugly. The next thing is that we must communicate with people through eye contact. Eye contact is an important thing in choral speaking, since if we did not have this, we would lose marks in the competition. Voice control is also a thing that I learnt. If you talk too loudly, you will disturb others yet if you talk too softly the person who is speaking with you will not receive your meaning.

In this competition we are very sad, but we learnt a lot from it, so if there is a choral speaking competition again, I will join it again.

Tse Ho Yin, Howard (1Fa)



# Solo Verse Contestants



S1-4 merit holders with Mr. Lau (Principal) and teachers



Preliminary sharing sessions with S1 – 4 boys



Let's hear it from our solo contestants



Solo Verse 1st runner up, Lum Chun Wing (4 Wi) with Mr. Lau (Principal) and Mrs. Rao

## Prose Reading (S6 Boys and Girls)



Merit and proficiency holders with Mr. Lau (Principal) and teachers

After the speech festival competition, I observed that, not only the champion was a winner, but everyone who participated in this competition seriously were also winners.

Although I am only the first runner-up, I could tell others that I am a winner also. I gained a lot of experience from the competition. I learned how to control myself under pressure as in the past my hands would tremble if I was standing in front of a lot of people.

There is a famous remark in Chinese, "To perform on the stage for a minute, you must practice for ten years first." Now after the competition, I have finally experienced it. Many of the competitors forgot their words during the performance and if I hadn't practiced hard and remembered the words thoroughly, I would have been a fool standing on that stage also!

Lam Chun Wing (4Wi)

# Priceless Experience



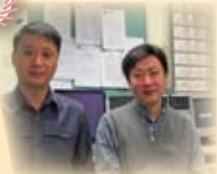
Hi Edward. How was the speech festival? Do you have anything to say to your fellow schoolmates?



How about you, Wing Shum and Ho Man? Did you gain anything by participating in the 58<sup>th</sup> HKSSF?



Have you gained confidence in speaking English through the competition?



That sounds great. We wonder if our boys, Winson and Matthew, have anything to add to that?

Yes, the speech festival is not just a competition for winning prizes; it is something for everyone to experience. Come on SJA schoolmates, you can do it too!

– Edward Chan (6Wi)



This is my second time participating in the solo verse speaking. Although I didn't win, I really enjoyed the process. It is memorable!

– Wan Ho Man (3Fa)



This is my first time to join the solo verse speaking. Although I am not the champion, what have I won? I have won myself, as I now have the confidence to face other challenges! If I can join it again, I will do more and contribute more to my school and teachers. Thank you!

– Mak Wing Shum (3Fa)



Sometimes we speak very little English, but after I have attended the speech festival, I know that I can speak more English than I think. I also want to thank my parents and the teachers who helped me practice, Miss Ma, Mrs Tsang and Alex Lee. Thank you.

– Tong Ying Sze (2Fa)



After the speech festival, I learnt how to speak better and learnt new phonics skills, together these skills will continue to help me in English. I think learning English is really fun and English is an important language in the world, so I love English very much.

– Ho Yiu Chung (2Ch)



I worked hard and also played hard.

And finally, I did it!

– Winson Tang (2Wi)

# “Parallel Lessons” – Exchange between Hong Kong and Mainland Teachers



Mesmerized by Ms. Mok's lesson!



We love you Hong Kong teachers!



Hong Kong teachers presenting a souvenir to the principal of the exchange school



We love English! We love your lesson!



Show and tell by Ms. Mok



Mrs. Rao and Mrs. Tsang with the students

上海市



Listen to the song and name two daily routines



Who will go first? Students discussing the game



Ms. Mok with her brood

## A valuable educational trip

We had reflections on:

- Lesson preparation
- Shanghai students
- Lesson planning
- Interaction
- Teaching methodology

We observed the similarities and differences between English lessons in Hong Kong and Shanghai.

## Action Plan in the next school term

What we learned from the lesson observations in Shanghai will be put into practice in our English Language Teaching.

Wait and see.

Up, up and away!

Who? Mrs. Tsang, Mrs. Rao & Ms. Mok

Where to? Shanghai.

When? From 15<sup>th</sup> to 21<sup>st</sup> November 2006

## Our commitments

We had parallel lessons and school visits in the mornings and afternoons on weekdays.

“All work and no play makes Jack a dull boy.”

So, we went sightseeing in the evening and dined out to taste Shanghai food.

We also visited an old town on a Saturday trip.

# 2006 Hong Kong Secondary Schools' English Writing Awards Jointly organized by The English Channel and NESTA



## Junior Section Winners

1<sup>st</sup> Prize Yau Fu Shing, 3Fa (left),  
2<sup>nd</sup> Prize Wan Ho Man, 3Fa (middle),  
3<sup>rd</sup> Prize Cheung Chung Ling, 3Fa (right).

## IF I WERE IN-CHARGE

If I were in-charge of my home,  
I would be a home owner.  
I will fix up the home  
And make it comfortable.  
I also will invest in real estate  
And make my family more stable.

If I were in-charge of a school,  
I would be a principal.  
I will encourage my students to be successful in studies  
And serve the community.  
I also will improve their civility  
And mould them to be respectful and polite students.

If I were in-charge of a company,  
I would be a boss.  
I will give premium wage to hard-working employees  
And they will work better and better.  
I also will improve their attitude towards service  
And the customers will come again and again.

If I were in-charge of a foundation,  
I would be a philanthropist.  
I will help the children who couldn't study in a school  
And they can gain lots of knowledge.  
I also will endow researchers to research  
And the research results will contribute to the community.

If I were in-charge of a city,  
I would be a mayor.  
I will strengthen the public security  
And the citizens can live in peace.  
I also will use renewable resources

And settle the energy crisis.  
If I were in-charge of a country,  
I would be a president.  
I will increase the education  
And aim for zero illiteracy in my country.  
I also will legislate to protect the environment  
And the world will be less polluted.

If I were in-charge of the world,  
What will I do? Guess!

By Yau Fu Shing, Samuel (3Fa)



# My Favourite Place

Hello everyone, today I am going to share my story with you but before I start the story I would like to tell you something. Before I wrote this story I thought and thought about this subject and I asked myself if everyone has a favorite place in the world? Get ready, I have thought about it and now I will bring you to "my favorite place".

In the north of the world is a village called "Dream Land". "Dream Land" is a very small village where many people live. All the people there are friendly and kind. I was born there. My name is Chris.

Rao is the head of the village. She has one little cute son called William. William is the youngest in the village and all the people love him very much. William is my best friend too. We always play together. In this village, all the people should love each other. Every month we organize a party which I love most. At that time we eat a lot of food and play together. That is a memorable night.

Oh! My beautiful house! When I come back to my home I feel very warm. I live with my mum and sister. My mum is a funny and talkative woman and gossips with other mums. My sister is very mysterious but she has many friends. I think she can be a good helper.

Education? Don't be afraid of this word. There aren't any schools so we don't need to go to school, but I don't think I am a lazy

bone. The land has a special rule and that is everyone has to read a book a day. I love reading science fiction very much because I can learn much from such books.

"Dream Land" is not a real place but everything there is simple. This Land is in your heart. Whenever I want to go to my favourite place I enter this Dream Land of mine. How about you?

By Wan Ho Man, Chris (3Fa)



# My Favourite Place

My favorite place in the school (St. Joan of Arc Secondary School) is the wooden stairway because every morning, I need to climb up the long wooden stairway and when school ends, I have to use the stairway to come back down.

Every day I think about when I grow up and when I will need to climb more wooden stairways. When I was in Form.1 I had to climb up 2 floors, and when I was in Form.2, I had to go up 3 floors.



Now I am in Form.3 and I need to climb up 4 floors. Next year, I will need to climb up 5 floors, and although I feel tired climbing the long wooden stairway to studies, it means that if we want to have a good future we will have to face some challenges in our road. We need to stride across the obstacles.

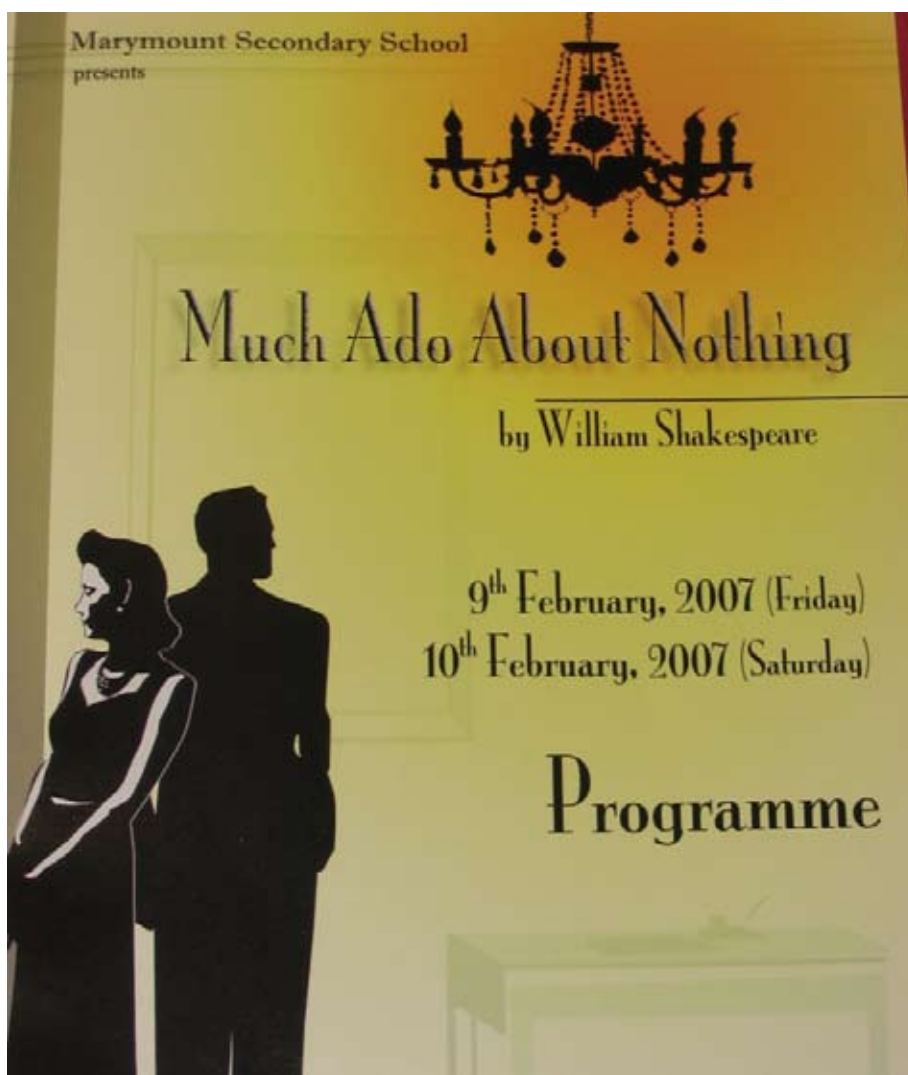
I have heard one Form.7 schoolmate say that when they were in Form.1, normal schoolmates could not use the wooden stairway. Only the prefects or monitors and those with top results could use the stairs, but now we can all use them. Hence, I think the principal believes that all the students are good (just my thought). Next year I will be in Form.4 on 5th floor and I will climb up the last flight of stairs!

Every day I walk up these wooden stairs and it makes me very tired, but I know that it can help me reduce weight and keep me fit, and this is good for me (although I am not too fat).

Every day when I walk up those stairs I see insects, some of which are dead, and one day I also saw a frog. Some of my classmates used leaves to play with it.

The wooden stairs in my school is an inspiration to me and gives me encouragement to study hard and strive for success.

Cheung Chung Ling, Peter (3Fa)



Great anticipation just before the drama begins



Posing with the stars



Our students are thrilled by the performance



A wedding scene from Much Ado



An excellent performance by Marymount girls

I appreciate Marymount's performers. Their proficient and smooth Shakespearean dialogues showed their great effort in the drama. I was also impressed by their facial expressions and drama skills. The students of Marymount Secondary School treated us with an evening of excellent entertainment.

Tang Siu Ngar (6Fa)

I learnt a lot through this drama programme, for example the English culture, greetings and dialect.

Ng Yeuk Wang, Jonathan (6Wi)

The comedy was very funny and I enjoyed it very much. I hope I will have a chance to watch similar comedies in the future.

Li Yat Hei (4Wi)

This is indeed a terrific drama.

Wong Ka Chun (4Wi)

# Snapshots of Our Ongoing Activities

## English Morning Assembly



## Book Club



## English Café



2007

第三十四期

藝

# 聖貞德中學校報

名譽顧問：金東周神父、劉柏齡校長

顧問老師：鄧振邦老師

編輯：黃惠如同學、唐瑋同學、馮嘉漢同學



# 04 聖貞德學校舊生會新一屆理事會順利誕生



新一屆會長鄭國乾校友

聖貞德學校舊生會於二零零六年十二月九日舉行兩年一度的會員大會，選出新一屆執委，由鄭國乾校友出任會長，郭沛文校友及羅兆強校友擔任第一副會長及第二副會長。鄭國乾校友為一位專業會計師，亦是現屆香港會計師公會理事會成員，他曾任本校校董，熟悉本校運作，舊生會在他領導下，會務定能蒸蒸日上。



# 聖貞德中學「亦師亦友計劃」

## 回饋母校，提携後輩

聖貞德中學是一所歷史悠久的天主教中學，創校至今已經歷了半個世紀，為社會培育了不少精英，校友在各行各業中卓有成就，他們沒有忘記母校的栽培，不只在金錢上回饋母校，贊助學校發展，在人力、物力上幫了不少忙。像剛順利舉辦完畢的首屆「亦師亦友計劃」，就是幸獲校友師兄竭力協助，與校內的中六同學配對，一名師兄配對兩位至三位同學，結成師友，分享人生苦樂得失，擴闊同學們的視野、胸襟。參與計劃的師兄在事業上皆有傑出成就，人生閱歷豐富，各中六同學在面對升大選科及決定將來人生路向這個關鍵時刻，師兄們定能提供寶貴意見，提攜助佑，同學必定獲益良多。

本校首屆「亦師亦友計劃」，邀請了約十位不同年期畢業的校友參加，他們來自各行各業，有醫生、律師、會計師、公務員及商人等。計劃除了安排多次集體聯誼及體育活動外，每個組合皆會自行安排定期聚會，例如參觀師兄們的工作間以認識他們的行業，甚至參與他們的社交及家庭活動促進彼此間的感情等。此計劃特別強調校友與同學的「師、友」情誼，希望師兄們不但成為師弟妹們的導師，更希望他們結成朋友，讓同學建立良好的際網絡，為他們日後事業的發展做好準備。

是屆計劃已完滿結束，學校特別為各參加者舉行結業禮。在馬會董事周永健校友的協助下，結業禮假馬會上水雙魚河會所舉行，本校劉柏齡校長向參加同學頒發結業證書，同時頒發

紀念品給各參與計劃的校友，多謝他們在百忙之中，仍然熱心服務母校，提携後輩。當日同學們在周校友帶領下參觀了雙魚河的馬術設施，周校友更向他們介紹零八年 運馬術項目的規劃，同學都深感興趣。

第一屆的「亦師亦友計劃」雖已結束，但正如參與計劃的郭同學所言：「參加此計劃讓我能夠有機會跳出自己的世界，擴闊自己的生活圈子，為我決定將來時提供更多參考經驗！」他們的友誼將會繼續發展，開花結果。第二屆的「亦師亦友計劃」現已展開，期望有更多校友師兄參與，協助同學締造理想前程。



Mentor (Past student)				Mentee (Student)	
Charles Chu	朱文駿	1968	消防總長 Chief Fire Officer	6Ho	盧銘心
				6Ho	黃泳虹
				6Ho	黃浩庭
Alexander Lee	李勁冲	1986	律師	6Wi	陳啟智
				6Wi	張震灝
Kelly Law	羅兆強	1970	Design Printing	6Wi	陳柏龍
				6Fa	朱兆康
Samuel Leung	梁治西	1968	Doctor	6Ho	洪俊宇
				6Ho	余敬軒
				6Ho	郭梓汶
Mr. K. Tam	譚競正	1969	Certified Public Accountant	6Ho	杜沛良
				6Fa	梁祐銘
Tang Siu Kai	鄧紹佳	1999	律師	6Ho	鮑嘉盛
				6Ho	楊博允
Shu Shing Pang	佘勝鵬	1999	Accountant (Audit)	6Fa	施南南
				6Ho	蕭亮華



# 進德修業

每個人對進德修業也有不同的看法，究竟劉校長又有什麼意見呢？

我們很高興可以訪問劉校長，讓各位同學可以明白他的見解：

「進德修業」是每個人對自己的一種鞭策，是一種發自內心，推動自己進步、向前的動力。

它的信念源於人類無盡的進步空間；  
它的目標是追求卓越、超越自我；  
它的動力來自人類對美善追求；  
它的過程有苦有樂、有成有敗；  
它的存在令明天變得更美好；  
它開的花燦爛奪目、讓人羨慕；  
它結的果卻只有當事人方嚐到其甜酸

苦辣。

其實，每個人都有「進德修業」的能力，可是成就卻不盡相同。關鍵在於我們判別是非的智慧、自我反省的能力和面對道德的勇氣，亦在乎我們對自己有多了解、對美善的追求有多熱切。

劉柏齡 校長



編輯與劉柏齡校長合照

## 吳靄茵 老師

我認為學校訂立「進德修業」主題的目的，是希望學生在本年度能在學業上及品德上有所進步，有很多人也會與別人比較，「進德修業」的目的就是讓學生與自己比較，並給予自己目標，向著目標邁進！現今的青年人，大多對自己沒有要求，也未能找到學習的目標，所以，學校訂立這個主題，可以令學生明白怎樣挑戰自我。

## 周縉緯 老師

「進德修業」的理念最早可見於《禮記·學記篇》。當中記載了古先賢在我們不同的學習階段，所訂下要達成的目標；而自然最理想，可擴充至人生大道的正是「進德修業」一品學兼備的境界。學校以此作培育主題，自然是希望同學除了注意學業外，還能培養出良好的品格。





## 鄭秀華 老師

每個人一生中都會遇到很多很多的困難，求學階段只是其中的一小部分，我們應該勇敢、認真地去克服它們，在各方面都追求進步，不論在學業上或是品德上。



## 莫嘉雯 老師

「充滿活力」是聖貞德校園給我的感覺。無論在課堂內或是課堂外，同學都活躍非常。因此在學校教學、在學堂設計上需加入不同元素去因應同學的興趣，「活動」更是不能缺乏的因素。

期望同學能在互動教學上獲得更多的知識。



## 凌秀慧 老師

同學想學好中文，閱讀實是個不二法門。多閱讀，除了可提升我們閱讀的速度，書本又能增廣個人的見聞，同時亦可以培養了一套良好的邏輯思想，這無論在學業及人性發展上都發揮了重大的作用。「學海無涯」單靠課堂或課本是不足夠的。要學習新事物，我們必須廣泛地閱讀課外書，不斷思索及探討，靈活變通，那麼我們才能多元化地吸收不同的知識。



## 陳柔漢 老師

學校教育的目的是培養學生的德行發展，這點甚至更勝過學生的學業。在重視知識之餘，其實每位老師更希望學生學到德行上的情操，將來出來社會後可以做一個「好人」。



## 韓錦鳳 老師

我認為要教好每位學生，是需要對學生有一定要求，備課充足，良好的課堂管理，合適的教學設計能提升學與教的效益。



## 莊智龍 老師

我們常把「進德」和「修業」聯繫在一起，個人認為兩者的關係實在非常密切，因「進德」為「修業」之根本。如果同學能培養出良好的品格和價值觀，必定也會有充足的毅力和專注力去做每一件事。



## 雷月容 老師

由於品德能影響我們對事物的看法和做事的方法。以讀書為例，如我們能對自己和愛我們的人有責任感，我們便會不負期望，盡能力把學業做好。所以進德是修業的先決條件。

此外，學習是我們一生的事業，同學們必須培養對學習的興趣和堅持，才能得到學習的樂趣和成功感，這樣修業才能成功。

進德和修業對我們都非常重要，希望同學們能培養良好的德行，努力追求學業的成功，不負老師和父母的期望。



## 張瑞昌 老師

「進德修業」分為兩方面，「進德」是指德行方面，即人的品格方面；「修業」指的是學習工作方面。「進德修業」是希望在這兩方面上都有所提升。

與中文大學的校訓「博文約禮」及香港大學「明德格物」很類似，同是提倡德智並重的教育。

## 楊永城 老師

本年度我校的校訓為「進德修業」，意思是希望學生不僅在德行方面有所進益，在學業方面亦有所修為。但怎樣才可有所進益、有所修為？

我認為要達到「進德修業」的先決條件是為自己訂立一個短期的目標，然後付諸實行。俗語謂：「口講無憑，行動最實際」，因為沒有實際行動證明，一切都只是空談。同時，當我們訂立目標的時候，一定要明確和可行，例如不說粗言穢語、準時回校、每天放學後溫習兩小時……那些「好高騖遠」的目標還是留待日後再談吧！我盼望各同學能於本學期為自己訂立一個短期目標，並共同實踐。



## 唐金輝 老師

在聖貞德教學不經不覺已有半個學年，同學們給我的印象是活潑、好動及親切的。如果各位同學能進一步注意自己的禮貌，上課時多加留心，完成課業的話，相信我們距離「進德·學業」這學年主題便近了！



# 學年主題漫畫創作比賽

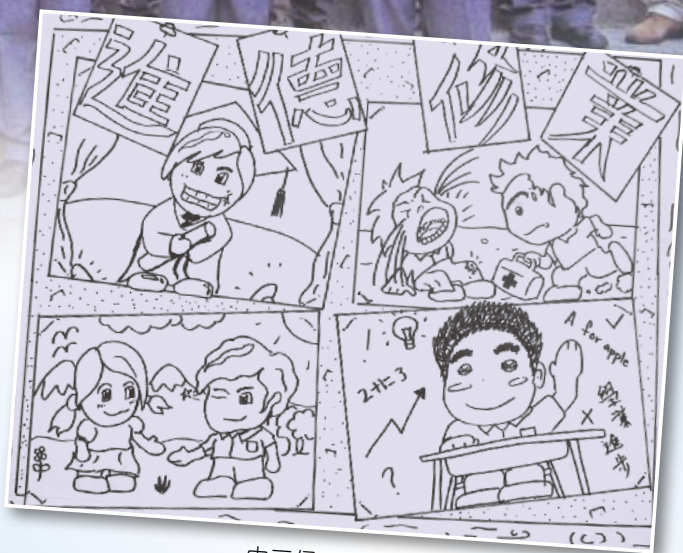


## 學生漫畫創作 盡顯心思

為配合本學年教學主題「進德修業」的推行，並提昇同學於漫畫創作的興趣及水平，本校視覺藝術科及視覺藝術學會特別舉辦「學年主題漫畫創作大賽」。參加同學非常踴躍，在數百張參賽作品中選出十位優異同學作品，成績令人鼓舞。作品展覽及頒獎典禮已於十一月中旬舉行。活動對深化及提昇同學對學年主題的認識甚具意義，期盼同學能身體力行，於學業及品德更進一步，創造美好的成果。

### 學年主題漫畫創作賽得獎作品名單

1. 中三信 王煒樂
2. 中三義 倫嘉傑
3. 中三信 莫駿賢
4. 中三望 鄭育儒
5. 中二望 張一德
6. 中二信 強洛賢
7. 中一望 何建諾
8. 中一望 曾冠穎
9. 中一信 莊嘉輝
10. 中一信 黎高廷



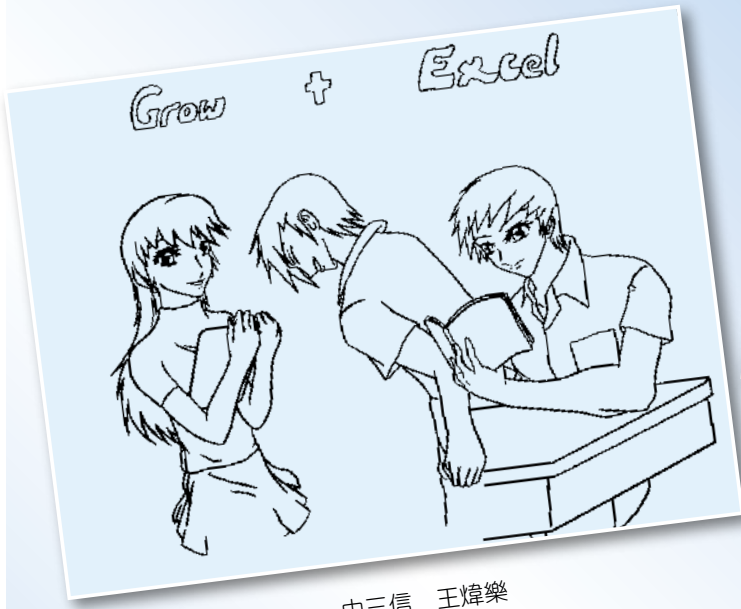
中三信 莫駿賢



中二望 張一德



中三望 鄭育儒



中三信 王煒樂



中一信 莊嘉輝



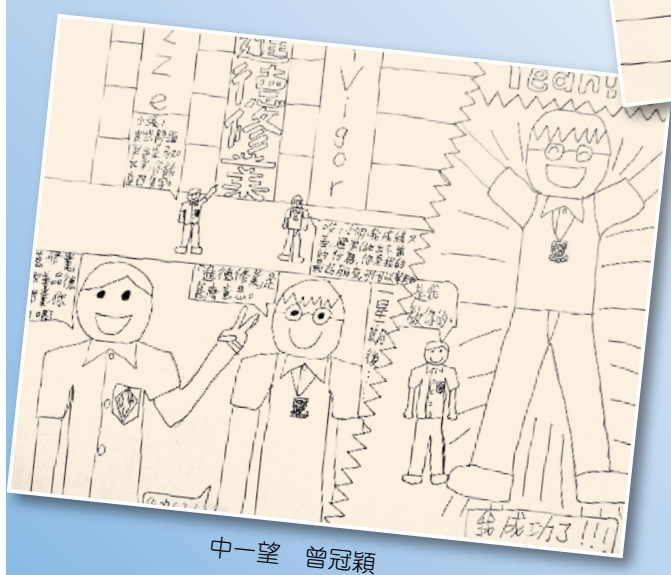
中二信 強洛賢



中一望 何建諾



中一信 黎高廷



中一望 曾冠穎



中三義 倫嘉傑

# 管樂團及中樂團表演



本校管樂團及中樂團人才濟濟，近年在兩位導師鄭加略老師及鍾佩君老師悉心指導下，技藝日趨精湛，校內多次演出，都大獲好評。今學年樂團兩次被邀公開演出，於二零零六年十一月二十六日應東區家長教師會聯會的邀請，於該聯會在石澳泳灘舉行之「親子堆沙比賽」中作表演嘉賓；樂團又於十二月十七日參與柏斯琴行盟友學校音樂會，各團員落力演出，演奏了多首中、西樂曲，為兩日的節目增添不少姿彩。



25 12:47PM

25 12:47PM



# 學生會專欄

學生會	Zeal
會長	劉曉鳴 6 wisdom
副會長	李志超 6 wisdom
內務秘書	黃穎然 6 wisdom
外務秘書	何家菱 6 wisdom
司庫	何厚揚 6 hope
福利	阮靖翔 6 hope
康樂	鄭啟立 6 hope
公關	謝志堅 6 wisdom
總務	葉方豪 6 wisdom



回想當初，我只是抱著要為同學服務以及挑戰自己的心，決定去參選學生會。能夠當選，我當然十分興奮，但我不得不跟我的閻員說聲：「謝謝」。假如缺少他們任何一位，相信我是不會成功。這次經驗令我明白團結及信任同伴的重要，只要每位個人都各展所長，就一定能夠把事情做好。

學生會選舉可算是我人生中最難忘的一段寶貴經歷，從中我可以學習到很多東西，因此，我必須多謝老師和同學給我這個機會，希望我們第十二屆學生會能成為大家滿意的學生會。

學生會主席：劉曉鳴

## 第十二屆學生會代表會代表名單

姓名 (班別)	職位
周灼樂 (中七文組)	監委，財委
劉俊然 (中七理組)	
賴俊達 (中六智)	主席
梁浩銘 (中六信)	副主席，監委，財委
張起立 (中六望)	監委，財委
張庭光 (中五文組)	
甘浩濂 (中五理組)	監委
侯俊傑 (中四信)	
許友奇 (中四望)	紀委
蔡廷軒 (中四愛)	財委
梁孝維 (中四義)	
郭仲康 (中四智)	
吳舒益 (中三信)	
鍾旅安 (中三望)	
留伯承 (中三愛)	
李子健 (中三義)	
高朗熙 (中三智)	財委
蘇庭軒 (中二信)	
葉浩楠 (中二望)	
鄭肇韜 (中二愛)	
唐健強 (中二義)	
桂鴻 (中二智)	
支皓霆 (中一信)	紀委
關偉駿 (中一望)	紀委
吳彬瑯 (中一愛)	紀委
張兆榮 (中一義)	監委，紀委
陸宇生 (中一智)	紀委
黎汶洛 (中一勇)	監委
張震灝 (當然代表)	
梁祐銘 (當然代表)	
劉曉鳴 (列席代表)	
李志超 (列席代表)	
黃穎然 (列席代表/ 大會當然秘書)	



# 一人一花計劃



左：鄭浩賢 右：羅樂仁

我記得剛剛把花帶回家時，手足無措，不知該怎麼照顧它，幸好有爸爸媽媽的幫忙，教導我如何去種植，還提點我一些要留心的細節。我依照指使，每日為它淋水，過了一個禮拜左右，它就開花了。

鄭浩賢 同學  
中一望班

從一開始我在地庫拿到花苗，我就覺得很開心，因為我可以學種一盆花了！我把花帶回家，每一天淋一次水，一有枯葉就把它剪了。過了差不多兩個幾月，它終於開花了，那時我真的很開心，而且很有成功感。在這件事上，我學到了做人要有責任心，同時我也見證了生命的奇妙。

羅樂仁 同學  
中一望班



## 聖貞德基金財政報告 2006

單位	批核金額(\$)
棋藝學會	1509.50
課外活動委員會	3200
學長議會	243.8
綜合科學科	2000
HKAAA報名費	280
空手道學會	7500
圖書館	4230.70
校報	4600
生物學會	2950
設計與科技學會	2210
化學學會	405.70
中文學會	206.70
RAMEC	6564
學生培育委員會——中六迎新	1823.30
社會服務團	898.20

單位	批核金額(\$)	
藝術學會——藝術欣賞遍校園	2038.50	
物理學會	178	
音樂學會	1188	
管樂團	5850	
天主教同學會——野外領袖訓練	1565	
英文學會	564.30	
學長，班長，班長議會	6300	
校園電視台	600	
資訊科技學會	2240	
總支出	59145.70	
贊助／還款		
	校友家長贊助	2000
06003	課外活動退款	3200
06054	售賣金禧校慶紀念品	30950.30
06017	中文學會	150

# 聖貞德中學2006-2007年度

## 運動員得獎紀錄



姓名	班別	學號	比賽日期	比賽名稱	比賽項目	組別	獎項
張銳名	6HO	10	17/10/2006	英皇書院陸運會4X100友校接力邀請賽	4x100米接力		亞軍
陳浩軒	4CH	2					
王凱賢	4CH	33					
謝瑋衡	4WI	32					
麥卓賢	5JU	24	4,13/10/2006	香港學界體育聯會06-07年度學界游泳錦標賽——香港第三組	200米個人四式	男子甲組	殿軍
					200米自由式		殿軍
陳梓浚	5CH	5			50米背泳	男子丙組	亞軍
張銳名	6HO	10	22/10/2006	中西區田徑比賽2006	200米	男子17至19歲(乙組)	亞軍
莊旭鈞	5CH	42			跳高	男子17至19歲(乙組)	季軍
姚志雄	5FA	41			110米欄	男子14至16歲(丙組)	冠軍
楊振洛	6WI	31	11/2006	香港學界體育聯會06-07年度學界乒乓球錦標賽--香港第三組	乒乓球	甲組	冠軍
區廷剛	7WI	1					
郭俊顯	6WI	10					
賴漢琛	5CH	19					
鄭子健	5JU	34	19/11/2006	灣仔區田徑比賽2006	1500米	男子公開組	冠軍
張銳名	6HO	10			100米	男子甲組	冠軍
					200米		冠軍
陳浩軒	4CH	2			100米	男子乙組	亞軍
謝瑋衡	4WI	32			400米	男子乙組	冠軍
					三級跳		冠軍
陳俊鏗	6FA	1		青少年夏令盃足球賽	足球	駿峰足球隊代表	冠軍
李沛林	1CH	30		香港大學中國武術舊生會主辦 中國武術個人邀請賽2006	南方嶺南拳系 - 拳術	兒童組	亞軍
鄭子健	5JU	34	24/11/2006	香港學界體育聯會05-06年度學界越野錦標賽——第三組第二區	越野跑	甲組	亞軍
莊旭鈞	5CH	42	3/12/2006	南區田徑比賽	跳高	甲組	季軍
鄭子健	5JU	34			3000米	甲組	冠軍
張銳名	6HO	10			100米	甲組	冠軍
陳浩軒	4CH	2			100米	乙組	冠軍
謝瑋衡	4WI	32			400米	乙組	冠軍
甲組排球隊			09/06-11/06	香港學界體育聯會06-07年度學界排球錦標賽--香港第二組	排球	甲組	季軍

## 歡送中七及中五同學

## 聖貞德中學感恩日



為了幫助同學培養知足感恩的生活態度，聖貞德中學於春節假期前舉行了感恩日。當天，各班同學以話劇、誦唱親自填詞的歌詠及朗誦等不同形式表達對天父、老師、父母和朋友的感謝師，同學們還為老師預備了禮物，給他們一個驚喜。看到同學的真情表白與富創意的表演，大家都感到非常感動。另外，家長教師會的家長代表亦有上台道出對老師的感謝及送上自製的書籤，氣氛感人。活動在全校師生一同詠唱 Give Thanks 的歌聲中結束。

學校深信透過這些有意義的活動，同學能明白知足感的重要。更希望他們會將這份「應常喜樂；不斷祈禱；事事感謝。」（得前五 17-18）的精神帶到家庭和社會中，使天主教辦學的成果能夠惠及更多的人。

同學們富創意表演，讓大家在笑聲中明白凡事感恩的重要。



# 投稿園地

### 看雨

鄧慧君

你喜歡看下雨嗎？毛毛的細雨，斜而密，沒有聲音，房內只有打字時發出的聲音，白茫茫一片，「東邊日出西邊雨」，陽光與下雨，不一定是對立的老頭兒。

你試過在室內看雨嗎？躲在室內看雨是最舒暢的，不必弄濕身軀，又可欣賞雨景。記得有一次，在中央圖書館找資料時，我坐在地上，一本本的工具書，重重疊疊，橫放地上。突然，外面下起雨來，圖書館是密封的落地玻璃，聽不到雨聲，只見密密斜織的細雨，陽光剛好落在我的跟前，很暖，很暖，圖書館的冷氣與陽光的映照，配合得真美妙呢！

你試過在屋簷下看雨嗎？我記得有一次下雨時，因我忘了帶雨傘，只好呆站避雨，雨愈下愈大，傾斜的路面，加速地面變成小河，簷下的雨，一顆一顆的，一串一串，雨聲很大。

你試過在巴士上看雨嗎？感覺是挺有趣的，現在的巴士大部分是空調設計的，雨點打落在窗面，形成很有規律的瀑布，不斷向下流……你試過在沙灘上看雨嗎？只見雨落在沙上，消失，消失，消失……慢慢看不到外面的海了。

### 掘泥車及載泥的貨車

宋振輝

我家附近有一個正在施工的地盤，是一個堆滿泥土堆的地方。那兒有很多掘泥車及載泥的貨車。我定神觀看，一輛又一輛的載泥貨車，在遠處排隊等候。掘泥車將附近的泥土掘起，放進載泥貨車中，好讓將泥土運往附近的建築地盤。一輛載泥貨車剛「滿載而去」，在遠處等候的另一輛車便徐徐駛近。最忙碌的，我想該是掘泥車的司機，他根本沒有時間喘氣及休息，不斷要挖泥土。眼看泥堆的慢慢變得矮了。

我想，當老師的其實不正是像輛掘泥車麼？不斷要挖泥土，好像不斷要找有用的知識及資訊，然後將這些有用的「泥土」送給載泥貨車，彷彿將知識傳遞給學生。有些學生可以「滿載而歸」，有些卻只有半滿便離開。



### 考試愈多，學到的知識愈少？

譚健邦

前幾天晚上，我在一個電台節目中，突然聽到主持說這句話——「考試愈多，學到的知識愈少」，頓時使我為之一震，立即將手上的功課放下，抄下這句子。自己回想一下，考試的確有它存在的價值及功能，但是有時我們為了應付考試，往往犧牲很多其他知識。考試範圍內的知識，我們會不斷不斷重複去記，而這範圍以外的其他知識，我們只好在權宜之下放棄。放棄的不單是知識，可能更是興趣。

「老師，這些考不考呀？」在現今的制度下，考的便溫習，不考的，看也不看，這是合情合理的。我覺得他們沒有做錯，錯的不是他們。可以打破這個困局的方法是修正考試範圍。有內，自然會有外。所以如果可以將範圍圈得闊一點，那麼學生便不會被困得那麼狹窄。

範圍只是書本，學生手中只有書本，

範圍擴充至報章時事分析，學生會拿報紙看一看，

範圍愈大，學生主動學習的領域愈廣。當然，沒有邊際的考試範圍亦不好，因為凡事物極必反的。

