



ST. JOAN OF ARC SECONDARY SCHOOL

聖 貞 德 中 學

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Ref. No.: P18/2022-2023

24 February 2023

School's Newsletter (March 2023)

1. Lunch Service Arrangement

The school terminates the contract with the school's lunch supplier "Luncheon Star" due to its operation limitations since March 2023. The lunch boxes will not be provided correspondingly. The lunch box fee balance will be refunded by "Luncheon Star" later.

Since March 2023, lunch service arrangement is as follows:

(i) Delivery order service

- The Student Union "Cohesion" has contacted restaurants nearby to provide take-away lunch boxes. The restaurant "The Glasshouse" now offers lunch boxes at HKD\$40 each for S.1-S.3 students who want to subscribe lunch delivery service or interested students of other forms.
- The order must be placed for the whole month. No daily purchase is provided.
- Subscription method : Scan the QR code on the right-hand side to select meals by Tuesday, 28/2. Menu in March is attached to Appendix 1
- Submit the lunch fee to the general office by Thursday 2/3 by cash (please put exact amount of money in an envelope with name, class, class number and total amount written) or by cheque (payable to "The Glasshouse" with name, class and class number written at the back of the cheque).
- If meal cancellation on the day due to sickness, taking part in competition or public examination is needed, please call the school at 2578 5984 at or before 8:30a.m. that day with the provision of student's name, class, class number and the meal selected. Refund will be made at the end of each month and will be returned to students by class teacher.
- Please beware of food allergy.



午餐表格

Google Form of Menu

請用學校電郵登入

Please log in with your school email

- Students must prepare own cutlery, no disposable cutlery is provided by school.
- This lunch delivery service is provided until further notice.

(ii) **Bring your own lunch**

Parents are strongly encouraged to pack lunch for their children. The installation of “steam cabinet” and microwave oven brings convenience for students. Notices for using “steam cabinet” and microwave oven are attached to Appendix 2.

2. Latest Arrangements for COVID-19 Rapid Antigen Tests

The Education Bureau (EDB) announced on 21 February that the requirement for students of secondary schools to undergo daily COVID-19 Rapid Antigen Tests before going to school will be cancelled with effect from 1 March 2023. The school continues to strictly put in place the various anti-epidemic measures stipulated in the “Health Protection Measures for Schools” as well as those under the “Health Advice to Schools for the Prevention of COVID-19” issued by the Centre for Health Protection. The school always keeps the school environment clean and hygienic in order to safeguard the health of teachers and students.

3. P.E. Uniform Arrangement

Starting from 6 March 2023, students can return to school in their P.E. uniform if they have P.E. lessons that day. The details of the requirements for clothing are as follows:

Winter Uniform: School P.E. Shirt, School P.E. Pants and Sport Shoes.

Summer Uniform: School P.E. Shirt, School P.E. Shorts (Shorts should fit well, not be too short) and Sport Shoes.

The sports uniforms of each sports school team can only be worn for practice after school and cannot replace the school P.E. uniforms. School uniform requirements on non-school days or other special circumstances will be notified separately.

4. S6 Last School Day cum Thanksgiving Prayer Meeting

A Thanksgiving Prayer Meeting for S6 students will be held during the 1st and 2nd periods at the chapel on Friday, 10 March.

5. Beginning of 3rd Term

The 3rd school term begins from Monday, 13 March.

6. S1 – S5 Parents’ Day

S1 - S5 Parents’ Day will be organized on Saturday, 25 March. The second exam report card will be delivered. Parents are invited to meet class teachers at school. Students who attend the Parents’ Day must wear neat school uniforms. Parents and students will be notified of the meeting time and location later.

27 March (Monday) will be the school holiday after Parent’s Day.

7. Life-wide learning Days

To help students achieve the aims of whole-person development and enable them to develop the lifelong learning capabilities that are needed in our ever-changing society, the school organizes “Life-wide Learning Days” from 29 to 31 March to provide students learning in real contexts and authentic settings to achieve targets that are more difficult to attain through classroom learning.

8. Off-campus Applied Learning courses

Students who intend to start studying off-campus Applied Learning courses at Secondary 5 in the 2023/24 school year can obtain the application form from their class teachers. The internal deadline is March 25. For information about each course, you can use the QR code to read 【Prospectus for Applied Learning (2023-25)】.



Interested students can first use the following QR code to enrol in the Taster Programmes of their favourite courses to deepen their understanding before deciding whether to enrol or not.



Yours sincerely,



YUEN Cheung Oi
Principal

(Reply Slip)

Ref. No.: P18/2022-2023

Dear Principal,

School Newsletter (March 2023)

I have read and noted the circular dated 24 February 2023. Thank you.

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Name of Student: _____

Class & Class No.: _____ ()

Date: _____

附件一：3 月餐單

Appendix 1. Menu in March

日期 Date	午餐 A Menu A	午餐 B Menu B	午餐 C Menu C	午餐 Menu D 素食 Vegetarian
6/3 一 (Mon)	柱候牛腩飯 Stewed Beef Brisket in Chu Hou Sauce Rice	台式肉燥煎蛋飯 Taiwanese Braised Pork and Egg Rice	蜜汁黑椒雞扒飯 Chicken With Black Pepper Sauce And Honey Rice	羅漢齋 (配白飯) Buddha's Delight (With Rice)
7/3 二 (Tue)	咖喱牛腩飯 Curry Beef Brisket Rice	蔥汁雞扒飯 Chicken Cutlet with Onion Sauce Rice	粟米魚柳飯 Fish Fillet in Sweet Corn Sauce Rice	炒素粒粒 (配白 飯) Stir Fried Diced Vegetables Recipe (With Rice)
8/3 三 (Wed)	蘿蔔牛腩飯 Stewed Beef Brisket with White Radish Rice	紅燒滷肉配菜飯 Braised Pork With Vegetable Rice	洋蔥煎雞扒飯 Chicken With Onion Sauce Rice	野菌炒椰菜 (配白 飯) Stir Fry Cabbage (With Rice)
9/3 四 (Thu)	洋蔥叉燒炒蛋配白 飯 Fried Eggs with Barbecue Pork And Onion Rice	粟米汁雞扒飯 Chicken in Sweet Corn Sauce Rice	豉椒牛肉飯 Beef With Black Bean Sauce Rice	紅燒豆腐 (配白 飯) Braised Tofu (With Rice)
10/3 五 (Fri)	黑椒牛扒飯 Black Pepper Beef Steak With Rice	椒鹽豬扒飯 Pan-fried Pork Chops with Spicy Salt Rice	日式照燒雞扒飯 Teriyaki Chicken Recipe Rice	素雞炒四季豆 (配 白飯) Vegetarian Chicken And Fried Green Beans (With Rice)
13/3 一 (Mon)	番茄薯仔炆排骨飯 Pork Ribs with Tomato and Potato Rice	土魷馬蹄蒸肉餅飯 Steamed Pork Patty With Dried Squid and Water chestnuts Rice	叉燒煎雙蛋飯 Barbecue Pork and Eggs Rice	羅漢齋 (配白飯) Buddha's Delight (With Rice)
14/3 二 (Tue)	南乳炆豬蹄飯 Braised Pig's Trotters with Fermented Red Beancurd Rice	咸蛋蒸肉餅飯 Steamed Pork Mince with Salted Egg Rice	油雞煎雙蛋飯 Soy Sauce Chicken and Eggs Rice	炒素粒粒 (配白 飯) Stir Fried Diced Vegetables Recipe (With Rice)
15/3 三 (Wed)	麻婆豆腐飯 Mapo Tofu Rice	梅菜蒸肉餅飯 Steamed Minced Pork with Preserved Vegetables Rice	燒鴨煎雙蛋飯 Roast Duck and Eggs Rice	野菌炒椰菜 (配白 飯) Stir Fry Cabbage (With Rice)
16/3 四 (Thu)	鮮墨魚蒸肉餅飯 Steamed Cuttlefish and Minced Prok Rice	燒肉雙蛋飯 Roast Pork and Eggs Rice	燒鴨油雞飯 Roast Duck and Soy Sauce Chicken Rice	紅燒豆腐 (配白 飯) Braised Tofu (With Rice)

日期 Date	午餐 A Menu A	午餐 B Menu B	午餐 C Menu C	午餐 Menu D 素食 Vegetarian
17/3 五 (Fri)	茄子肉鬆飯 Eggplant With Minced Pork Rice	切雞雙蛋飯 Chicken and Eggs Rice	叉燒燒鴨飯 Barbecue Pork and Roast Duck Rice	素雞炒四季豆 (配 白飯) Vegetarian Chicken And Fried Green Beans (With Rice)
20/3 一 (Mon)	柱候牛腩飯 Stewed Beef Brisket in Chu Hou Sauce Rice	台式肉燥煎蛋飯 Taiwanese Braised Pork and Egg Rice	切雞燒鴨飯 Chicken and Roast Duck Rice	羅漢齋 (配白飯) Buddha's Delight (With Rice)
21/3 二 (Tue)	咖喱牛腩飯 Curry Beef Brisket Rice	蔥汁雞扒飯 Chicken Cutlet with Onion Sauce Rice	叉燒燒肉飯 Barbecue Pork and Roast Pork Rice	炒素粒粒 (配白 飯) Stir Fried Diced Vegetables Recipe (With Rice)
22/3 三 (Wed)	蘿蔔牛腩飯 Stewed Beef Brisket with White Radish Rice	紅燒滷肉配菜飯 Braised Pork With Vegetable Rice	切雞油雞飯 Chicken and Rice	野菌炒椰菜 (配白 飯) Stir Fry Cabbage (With Rice)
23/3 四 (Thu)	洋蔥叉燒炒蛋配白 飯 Fried Eggs with Barbecue Pork And Onion Rice	粟米汁雞扒飯 Chicken in Sweet Corn Sauce Rice	豉椒牛肉飯 Beef With Black Bean Sauce Rice	紅燒豆腐 (配白 飯) Braised Tofu (With Rice)
24/3 五 (Fri)	黑椒牛扒飯 Black Pepper Beef Steak With Rice	椒鹽豬扒飯 Pan-fried Pork Chops with Spicy Salt Rice	日式照燒雞扒飯 Teriyaki Chicken Recipe Rice	素雞炒四季豆 (配 白飯) Vegetarian Chicken And Fried Green Beans (With Rice)
27/3 一 (Mon)	家長日翌日 Day after Parents' Day			
28/3 二 (Tue)	咖喱牛腩飯 Curry Beef Brisket Rice	蔥汁雞扒飯 Chicken Cutlet with Onion Sauce Rice	叉燒燒肉飯 Barbecue Pork and Roast Pork Rice	炒素粒粒 (配白 飯) Stir Fried Diced Vegetables Recipe (With Rice)
29/3 三 (Wed)	全方位學習日 Life-wide Learning Days			
30/3 四 (Thu)				
31/3 五 (Fri)				

使用「蒸櫃」注意事項

Notice for Using “Steam Cabinet”

1. 學生於每個上學日之早會前，自行將食物盒放在食物部的雪櫃內。

Students themselves put their own lunch box in the fridge inside the tuck shop before the morning assembly of every school day.

2. 食物盒上必須清楚顯示學生之姓名、班別和班號。

Students’ name, class and class no. must be clearly shown on their own lunch box.

3. 午膳時段，已加熱的飯盒由校工放於食物部的枱面上。學生須自行取回飯盒。

During lunch time, the reheated lunch boxes are placed on the table at the tuck shop by the janitors. Students should take back lunch box on their own.

4. 初中學生返回課室午膳；高中學生於食物部旁之座位間午膳。

Junior-form students have lunch in the classrooms whereas senior-form students have lunch at the seating area next to the tuck shop.

5. 注意飯盒的高溫，小心避免燙傷。

Beware of high temperature of the lunch box, avoid getting scald.

6. 必須使用不鏽鋼食物盒（連蓋）。

Only stainless-steel food container (with lid) should be used.

7. 必須移除食物盒內所有紙質或塑膠類包裝物料。

Must remove all paper or plastic packaging material in the food container used.

8. 學生必須自備餐具。校方不會提供即棄餐具。

Students must bring their own cutlery. NO disposable cutlery is provided by school.



使用「微波爐」注意事項

Notice for Using “Microwave Oven”

1. 學生於每個上學日之早會前，自行將食物盒放在食物部的雪櫃內。

Students themselves put their own lunch box in the fridge inside the tuck shop before the morning assembly of every school day.

2. 食物盒上必須清楚顯示學生之姓名、班別和班號。

Students' name, class and class no. must be clearly shown on their own lunch box.

3. 午膳時段，已加熱的飯盒由校工放於食物部的枱面上。學生須自行取回飯盒。

During lunch time, the reheated lunch boxes are placed on the table at the tuck shop by the janitors. Students should take back lunch box on their own.

4. 初中學生返回課室午膳；高中學生於食物部旁之座位間午膳。

Junior-form students have lunch in the classrooms whereas senior-form students have lunch at the seating area next to the tuck shop.

5. 注意飯盒的高溫，小心避免燙傷。

Beware of high temperature of the lunch box, avoid getting scald.

6. 必須使用適合於微波爐加熱之食物盒。

Only microwave-safe food containers should be used.

7. 必須移除食物盒內所有紙質或塑膠類包裝物料。

Must remove all paper or plastic packaging material in the food container used.

8. 學生必須自備餐具。校方不會提供即棄餐具。

Students must bring their own cutlery. NO disposable cutlery is provided by school.